

# Central Lyon Menu - January 2025

## BREAKFAST PRICES

Student: Free  
 Adult: \$1.90  
 Second Juice: \$.40

## LUNCH PRICES:

Grades TK-6: \$2.40  
 Grades 7-12: \$2.50  
 Adult: \$4.85  
 Second Entrée \$2.50  
 Extra Milk: \$0.40

**BREAKFAST SERVING TIME IS  
 7:45-8:05 am**

**Menu items are subject to  
 change without notice. If you  
 have any questions or concerns,  
 please contact Darsha Tuenge,  
 Food Service Director, at (712)  
 472-2664.**

**This institution is an equal  
 opportunity employer.**

Monday	Tuesday	Wednesday	Thursday	Friday
		1  <b>Happy New Year</b>  <b>NO SCHOOL</b>	2  <b>NO SCHOOL</b>	<b>3 Breakfast</b> Apple or Cherry Frudel Yogurt  <b>Lunch</b> French Bread Pizza Romaine lettuce w/ dressing Green beans Pears
<b>6 Breakfast</b> Breakfast Bagel Yogurt  <b>Lunch</b> Spaghetti w/ meat sauce Garlic Toast Mixed Vegetables Peaches	<b>7 Breakfast</b> French Toast Sticks & Syrup  <b>Lunch</b> Breaded Pork Patty Mashed potatoes Gravy or butter Carrots Applesauce Dinner Roll	<b>8 Breakfast</b> Cereal and Toast  <b>Lunch</b> Pancake Bites w/Sausage Syrup Baby carrots Peas Strawberry cup	<b>9 Breakfast</b> Breakfast Pizza Yogurt  <b>Lunch</b> Chili & Cinnamon Roll String cheese Corn Pears	<b>10 Breakfast</b> Egg & Cheese Biscuit Yogurt  <b>Lunch</b> Corn Dog Baked beans Baby carrots Apple slices <b>Sandwich 7-12</b>
<b>13 Breakfast</b> Cereal and Toast  <b>Lunch</b> Chicken Fajitas w/lettuce and cheese Peas Baby carrots Pineapple <b>Sandwich 7-12</b>	<b>14 Breakfast</b> Pancakes & syrup  <b>Lunch</b> Italian Dunkers w/ Meat sauce Green beans Broccoli w/ ranch Mixed Fruit	<b>15 Breakfast</b> Cereal bar, Poptart Or Muffin Yogurt <b>Lunch</b> Salisbury Steak Mashed potatoes Carrots Peaches Sandwich	<b>16 Breakfast</b> Breakfast Taco Yogurt  <b>Lunch</b> Turkey and Gravy over Biscuits Corn Baby carrots Juice cup	<b>17 Breakfast</b> Apple Fritter Bites Yogurt  <b>Lunch</b> Mr Rib on a bun Sweet potato Fries Baked beans Applesauce

**All breakfasts are served with milk, juice, and fruit.  
 All lunches are served with 1% white or fat free chocolate milk.**

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<b>20 Breakfast</b> Cereal and Toast  <b>Lunch</b> Goulash w/ Garlic Toast Romaine lettuce w/ Dressing Green beans Pears	<b>21 Breakfast</b> Waffles & syrup  <b>Lunch</b> Chicken Patty w/ Mashed potatoes Gravy or butter Broccoli Orange wedges Dinner Roll	<b>22 Breakfast</b> Cereal or Muffin Yogurt  <b>Lunch</b> Pretzel Dog Tater Tots Baked beans Grapes	<b>23 Breakfast</b> Cheese Omelet w/ Toast  <b>Lunch</b> Chicken Noodle Soup String cheese Crackers Carrots Peaches	<b>24 Breakfast</b> Dutch Waffle Yogurt  <b>Lunch</b> Taco in a bag Lettuce & Cheese Corn Baby carrots/ranch Pineapple
<b>27 Breakfast</b> Cereal and Toast TK-6 Breakfast pizza 7-12  <b>Lunch</b> Chicken Nuggets Mashed potatoes Gravy or butter Peas Applesauce Sandwich 7-12	<b>28 Breakfast</b> Pancake & Sausage On a stick w/ syrup  <b>Lunch</b> Sloppy Joe On a bun Mixed veggies Baby carrots Mandarin Oranges	<b>29 Breakfast</b> Mini Cinni or Cream cheese bagel Yogurt  <b>Lunch</b> Chili Crispitos Black beans Romaine lettuce w/ Dressing Juice cup <b>Sandwich TK-4</b>	<b>30 Breakfast</b> Scrambled Eggs w/ bacon and cheese Toast  <b>Lunch</b> Hot Ham & Cheese On a bun Broccoli Baby carrots Peaches	<b>31 Breakfast</b> Donut Yogurt  <b>Lunch</b> Hamburger on a bun Jumbo Tater Tots Green beans Pears

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